



Healthcare

- Service Units must have a First Aider. (See *Volunteer Essentials*)
 - Certifications, permits, or training/experience documentation must be uploaded into Ultracamp.com or emailed to info@gsutah.org prior to the NTSW
- Service Units must provide a first aid kit suitable for the events you are doing. It must be available for use by the First Aider
- The First Aider should have access to all the event release forms in case of an emergency
- All medications including any over-the-counter medications must be given to the First Aider with a complete medication log (including adults' medications)
- According to American Camp Association accreditation standards, all medications must be kept in a locked cabinet or container
- Any medications dispensed by the First Aider must be logged into the Health Record Log and Medication Log
 - Participants should who bring medications to the event should fill out the Medication Log and turn it into the First Aider during check in
- Girls need to be able to understand and manage their own healthcare or come with an adult that can manage it for her
 - For example, a child with asthma needs to be responsible enough to carry her inhaler, take her medication when necessary, and report to the staff if she needs additional medications or help
 - A child with diabetes needs to be able to test her own blood, communicate when she needs a snack or rest, and manage her own medicine. The First Aider will not administer shots
 - A girl who has been prescribed an EpiPen must carry it on her person at all times and turn in the EpiPen authorization forms. Please read these forms to see if an adult can help administer the EpiPen or not
- Any girl who cannot manage her own healthcare with confidence will not be allowed to stay at the event. In order for the girl to participate in the event, an adult must accompany that girl and manage the girl's healthcare
- Girls/Adults will not be allowed to stay at the event for the following health concerns: care required beyond basic first aid, treatment needed by a doctor, is contagious (e.g. pink eye, lice, strep throat, rash, etc.), is too sick to participate in the program, or has a fever over 102 degrees

Health Record Log

- This is where your First Aider records any first aid that is given during your NTSW including: Band-Aids, slivers being pulled out, medications given, aloe for sunburns, etc
- If anyone else besides the First Aider provides first aid, it should be also documented in this Health Log
- If treatment was given to any participant or volunteer, that person's health forms need to be kept with this Health Log for seven years
- Items that the First Aider might want in the NTSW First Aid Kit:

Band-Aids	Gauze pads	Gauze	Calamine lotion
Tape	Scissors	Razor	Sunburn lotion
Moleskin	Antiseptic ointment	Ace bandages	Tooth wax
Bug bite lotion	Stomach medicine	Diarrhea medicine	Orajel
Cold tablets	Cough/throat lozenges	Mirror	Eye patch
Tweezers	Antiseptic wipes	Eyewash	Disinfectant soap
Butterfly Band-Aids	Cold pack	Aspirin	Non-latex gloves
Tylenol	CPR breathing mask	Triangular bandages	Sewing needles
- Please note that this is not a complete list. The First Aider should only have items that they have been trained to use. For example someone with basic First Aid and CPR would have much less than someone who is an EMT-Advance

Packing List

Please see [Packing List for NTSW](#) found at gsutah.org. This list can be distributed to troops and families attending your NTSW.